








WEEKLY MENU

Week 12.9.24 30.9.24
4.11.24 2.12.24








	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	 Chef special				
MAIN MEAL	Chilli con carne with rice	Roast gammon with roast potatoes and gravy	Pasta bar 	Turkey meatballs with couscous and tomato sauce	Fish finger or steamed fish with oven chips 
MEAT FREE	Vegan butternut chilli non carne	Roasted vegetable and quorn with roast potato and gravy 	Pasta bar	Vegetarian meatballs with couscous 	Sweet potato and spinach roulade 
TO GO WITH	Broccoli	Medley of vegetables	Macedonia	Green beans	Peas
SOMETHING DIFFERENT	Daily salads with selection of toppings, dressings, freshly baked bread & cut fruit				
DESSERT	Yoghurt	Chef special	Yoghurt	 Fruit cake	Yoghurt



FOUNDED IN 1977

WEEKLY MENU

Week 2 9.9.24
7.10.24 11.11.24
9.12.24

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Chef special				
MAIN MEAL	 Lamb Madras with steamed rice	 Grilled chicken with potato wedges	Pasta bar	 Steak hache & frites	Margarita pizza
MEAT FREE	 Vegan curry with steamed rice	 Mediterranean vegetables and diced quorn	Pasta bar	 Vegetarian burger & frites	Margarita pizza
TO GO WITH	Autumn vegetables	French beans	Macedonia vegetables	Courgette	Carrots
SOMETHING DIFFERENT	Daily salads with selection of toppings, dressings, freshly baked bread & cut fruit				
DESSERT	Yoghurt	Chef special	Yoghurt	 Cinnamon rolls	Yoghurt







LUNCH LUNCH LUNCH LUNCH

WEEKLY MENU

Week 3

16.9.24 14.10.24

18.11.24 16.12.24






	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Chef special				
MAIN MEAL	Beef bourguignon with rice	 Southern chicken with barley	Pasta bar	Theme day	Fish fingers or steamed fish with oven chips
MEAT FREE	 Falafels with tomato, olives and feta salad	 Quorn southern fried with barley	Pasta bar	 Theme day	Vegetable & lentil cottage pie
TO GO WITH	Green beans	Broccoli	Green beans	Theme day	Garden peas
SOMETHING DIFFERENT	Daily salads with selection of toppings, dressings, freshly baked bread & cut fruit				
DESSERT	Yoghurt	Chef special	Yoghurt	Theme day	Yoghurt



LUNCH LUNCH LUNCH LUNCH

WEEKLY MENU

Week 423.9.24
21.10.24 25.11.24

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	 Chef special				
MAIN MEAL	Roasted citrus chicken  high with rice	Beef stroganoff with egg noodle	Pasta bar	Pork sausage or chicken with mash potato and gravy	 Margarita pizza
MEAT FREE	Egg Florentine with Hollandaise sauce	Vegetarian stroganoff  with egg noodle	Pasta bar	Vegan sausage with  mash potato and gravy	Margarita pizza
TO GO WITH	Roasted carrot	Green Beans	Courgette	Broccoli	Sweetcorn
SOMETHING DIFFERENT	Daily salads with selection of toppings, dressings, freshly baked bread & cut fruit				
DESSERT	Yoghurt	Chef special	Yoghurt	Fruit cake	Yoghurt

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