










WEEKLY MENU

Week1

6.1.25 3.2.25 10.3.25

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	 Chef special				
MAIN MEAL	Vegan Bolognese with  Steamed rice	Roast gammon with roast potatoes and gravy	Pasta bar 	Turkey meatball or beef with couscous and tomato sauce	Fish finger or steamed  fish with oven chips
MEAT FREE	Vegan Bolognese with  steamed rice	Roasted vegetable and quorn with roast potato and grav 	Pasta bar	Vegetarian meatballs  with couscous	Courgette, beans and cheese quesadilla with salad 
TO GO WITH	Broccoli	Medley of vegetables	Macedonia	Carrots	Peas
SOMETHING DIFFERENT	Daily salads with selection of toppings, dressings, freshly baked bread & cut fruit				
DESSERT	Yoghurt	Chef special	Yoghurt	 Fruit cake	Yoghurt



All dishes highlighted in green have one or more of the key








features to make it a Future Proof Food dish.

LUNCH LUNCH LUNCH

WEEKLY MENU

Week 2

13.1.25 10.2.25 17.3.25

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	 Chef special				
MAIN MEAL	Pork sausage or chicken with mash potato and gravy 	Chicken curry with rice	Pasta bar	Steak hache & Potato wedge 	Margarita pizza
MEAT FREE	Veg sausage and mash potato and gravy 	Vegan curry with rice 	Pasta bar	Vegetarian burger & Potato Wedge 	Margarita pizza
TO GO WITH	Baked beans	French beans	Macedonia vegetables	Courgette	Carrots
SOMETHING DIFFERENT	Daily salads with selection of toppings, dressings, freshly baked bread & cut fruit				
DESSERT	Yoghurt	Chef special	Yoghurt	 Cinnamon rolls	Yoghurt




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WEEKLY MENU

Week 3

20.1.25 24.1.25 24.3.25

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	 Chef special				
MAIN MEAL	Sweet potato, chickpea and red pepper stew 	Southern chicken with barley 	Pasta bar	Theme day	Fish fingers with oven chips
MEAT FREE	Sweet potato, chickpea and red pepper stew 	Quorn southern fried with barley 	Pasta bar	 Theme day	Plain Omolette
TO GO WITH	Steamed carrots	Broccoli	Green beans	Theme day	Garden peas
SOMETHING DIFFERENT	Daily salads with selection of toppings, dressings, freshly baked bread & cut fruit				
DESSERT	Yoghurt	Chef special	Yoghurt	Theme day	Yoghurt



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FOUNDED IN 1977





HOLROYD HOWE

FEEDING INDEPENDENT MINDS

WEEKLY MENU

Week 4

27.1.25 3.3.25 31.3.25

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	 Chef special				
MAIN MEAL	Roasted citrus chicken thigh with rice 	Beef Bourguignon with steamed new potatoes	Pasta bar	Southern chicken Served with eibly	Margarita pizza 
MEAT FREE	Quorn & roasted vegetables with rice	Vegetarian escalope with steamed New potatoes 	Pasta bar	Quorn Southern fried style served with eibly	Margarita pizza
TO GO WITH	Roasted carrot	Green Beans	Courgette	Broccoli	Sweetcorn
SOMETHING DIFFERENT	Daily salads with selection of toppings, dressings, freshly baked bread & cut fruit				
DESSERT	Yoghurt	Chef special	Yoghurt	Fruit cake	Yoghurt



All dishes highlighted in green have one or more of the key

features to make it a Future Proof Food dish.

LUNCH LUNCH LUNCH

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FEEDING INDEPENDENT MINDS