WEEKLY MENU

Week1 6.1.25 3.2.25 10.3.25	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Chef special				
MAIN MEAL	Vegan Bolognaise with Steamed rice	Roast gammon with roast potatoes and gravy	Pasta bar	Turkey meatball or beef with couscous and tomato sauce	Fish finger or steamed fish with oven chips
MEAT FREE	Vegan Bolognaise with steamed rice	Roasted vegetable and quorn with roast potato and grav	Pasta bar	Vegetarian meatballs with couscous	Courgette, beans and cheese quesadilla with salad
TO GO WITH	Broccoli	Medley of vegetables	Macedonia	Carrots	Peas
SOMETHING DIFFERENT	Daily salads with selection of toppings, dressings, freshly baked bread & cut fruit				
DESSERT	Yoghurt	Chef special	Yoghurt	Fruit cake	Yoghurt







WEEKLYMENU

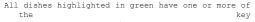
Week 2 13.1.25 10.2.25 17.3.25	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
SOUP	Chef special					
MAIN MEAL	Pork sausage or chicken with mash poats	Chicken curry with rice	Pasta bar	Steak hache & Potato wedge	Margarita pizza	
MEAT FREE	Veg sausage and mash potato and gravy	Vegan curry with rice	Pasta bar	Vegetarian burger & Poato Wedge	Margarita pizza	
TO GO WITH	Baked beans	French beans	Macedonia vegetables	Courgette	Carrots	
SOMETHING DIFFERENT	Daily salads with selection of toppings, dressings, freshly baked bread & cut fruit					
DESSERT	Yoghurt	Chef special	Yoghurt	Cinnamon rolls	Yoghurt	





WEEKLYMENU

Week 3 20.1.25 24.1.25 24.3.25	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP		LEGAN	Chef special		
MAIN MEAL	Sweet potato, chickpea and red pepper stew	Southern chicken with barley	Pasta bar	Theme day	Fish fingers with oven chips
MEAT FREE	Sweet potato, chickpea and red pepper stew	Owern southern fried with barley	Pasta bar	Theme day	Plain Omolette
TO GO WITH	Steamed carrots	Broccoli	Green beans	Theme day	Garden peas
SOMETHING DIFFERENT	Daily salads with selection of toppings, dressings, freshly baked bread & cut fruit				
DESSERT	Yoghurt	Chef special	Yoghurt	Theme day	Yoghurt





WEEKLY MENU

Week 4 27.1.25 3.3.25 31.3.25	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Chef special				
MAIN MEAL	Roasted citrus chicken thigh with rice	Beef Bourguignon with steamed new potatoes	Pasta bar	Southern chicken Served with ebly	Margarita pizza
MEAT FREE	Quorn & roasted vegetables with rice	Vegetarian escalope with steamed New potatoes	Pasta bar	Quorn Southern fried style served with ebly	Margarita pizza
TO GO WITH	Roasted carrot	Green Beans	Courgette	Broccoli	Sweetcorn
SOMETHING DIFFERENT	Daily salads with selection of toppings, dressings, freshly baked bread & cut fruit				
DESSERT	Yoghurt	Chef special	Yoghurt	Fruit cake	Yoghurt









