

**PSHE 3GCSE CURRICULUM CONTENT OVERVIEW**

Autumn Term 1	Spring Term 1	Summer Term 1
• Use of mobile phones	• What does it mean to be British?	• The role and influence of the media on lifestyle
• Equality Act 2010	• Learning to deal with sexualised behaviour	• Financial Planning Excel Activity
• Healthy Relationships	• sexual harrasment	• Gender Stereotypes
• Life skills: touch typing	• Developing Good Listening Habits	• Parenting
•	• Healthy Online Friendships	• Vaping and Its Effects
Autumn Term 2	Spring Term 2	Summer Term 2
• How to maintain emotional health and wellbeing.	• Money Management and Debt prevention	• Resisting Pressure for Sex
• Marriage today	• Understand the Impact of Sharing Sexual Images	• Juneteenth
• Anti-Bullying Week awareness	• Money Management Action Planning	• Pride
• How to maintain physical wellbeing - smoking	•	• pregnancy and miscarriage
• county lines	•	•

**PSHE 2GCSE CURRICULUM CONTENT OVERVIEW**

Autumn Term 1	Spring Term 1	Summer Term 1
• Ups and downs of mental health	• Sexting	• Gambling; Managing Risks
• Problem Solving	• Practical Stress management - guided mindfulness/meditation	• Contraceptive Options
• Healthy Sleep		• abortion and adoption
• Use of mobile phones		• grooming
•		•
Autumn Term 2	Spring Term 2	Summer Term 2
• Identifying Unhealthy Relationships	• FGM	•
• Life Skills: touch typing	• Pornography	•
• The Law and Sex, consent	• Sexism, Gender and Discrimination	•
• Stress Management	•	•
• Good study habits	•	•