



*The Kiss, : Gustav Klimt
1908-1909
Oil on canvas
Explore the Belvedere online collection*

SAFEGUARDING NEWS

1 Time to Talk Day

- 4 – World cancer day
- 5-11 – UK race equality week
- 5-11 – Children’s mental health week
- 6 – International day of zero tolerance to female genital mutilation
- 6 – Safer internet day
- 7 Meta consultants come to discuss online safety with 3emes
- 11 – International day of women and girls in science
- 12 – Red hand day for child soldiers
- 15 – International childhood cancer day
- 17 – World human spirit day
- 20 – World day of social justice

PUPIL RESOURCES: MENTAL HEALTH NEWS

Useful resources:

Childrens’ mental health week 2024: “My Voice Matters”



Save the date!

6th February 2024
Safer Internet Day

Get involved with free resources, films, advice and more!



IF YOU NEED A MEETING WITH THE PSYCHOLOGIST AND SHE IS BUSY, PLEASE POP DOWN TO THE NURSES WHO WILL TELL YOU WHEN SHE IS AVAILABLE OR FIND HER CALENDLY LINK [HERE](#)

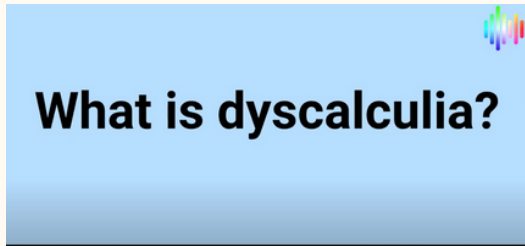
NEURODIVERSITY SPOTLIGHT: DYSCALCULIA

Dyscalculia is the name given to difficulty in learning about, comprehending or using numbers, which is out of line with the individual’s general educational level.

In a typical case we might find a person who is clearly of average or above average intelligence, and yet when it comes to maths is unable to undertake the most basic calculations.

Such people will have difficulty in undertaking mathematical calculations such as adding, subtracting, multiplying and dividing, and can often find they also have difficulty understanding money, time, distances, directions and so on.

Dyscalculia is sometimes called “Number Blindness” and it was first noted in 1919 by Salomon Henschen, a Swedish neurologist, who specifically noted that the people he was considering had lower than expected mathematical abilities but average or above average intelligence in general.



STAFF RESOURCES

Safer Internet day resources for staff, click on the links below



Podcast: AI and ChatGPT: What it Means for Schools and Educators
 Artificial Intelligence (AI) is already changing the fundamentals of how we live, work and teach - and its influence will only grow. It can be daunting to understand its strengths, and how best to engage with it - but it could be a huge benefit to teachers and educators online safety consultant Jess McBeath and co-host Ailish Hunter speak with SWGFL's deputy CEO and online safety director Ken Corish. [Click on the Interface logo to listen.](#)



COUCH TO 5K RUNNING APP AS RECOMMENDED BY THE NHS

What are the benefits?

There are plenty of benefits from getting into running. For starters, it's an easy way of improving your physical health.

Running requires little equipment, but a good pair of running shoes that suit your foot type may help improve comfort.

Running regularly will improve the health of your heart and lungs. It can also help you lose weight, especially if combined with a healthy diet.

There's evidence it may help increase bone density in some people, which can help protect against bone diseases like osteoporosis. This Free app has a mentor who encourages you every step of the way

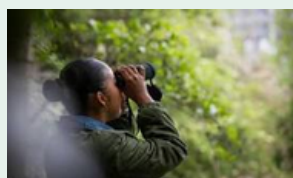


PARENTS RESOURCES

Safer Internet day resources for parents, click on the links below

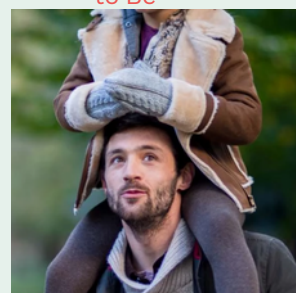


Why not support Imperial College’s Environmental project on birdwatching over the holidays? Find more details [here](#)



Supporting your child’s wellbeing during the school holidays

Click on the image below to find resources from the Place to Be



HAVE ANY QUESTIONS OR SUGGESTIONS ABOUT SAFEGUARDING?

In the first instance please always talk to your child’s class teacher about any concerns

- ▶ If you require help regarding a non-urgent safeguarding matter outside 8.30-5.30 on school days, please call 101.
- ▶ If you need urgent help outside 8.30-5.30 on school days because you feel a child is at risk please call 999.
- ▶ **For pupils needing support:** <https://www.childline.org.uk> or call 08001111 for free, confidential advice



LET’S CHAT!

Colette Shulver
 Designated Safeguarding Lead
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THE SAFEGUARDING PROCESS

PLEASE FIND KEY SAFEGUARDING STAFF AND THE PROCESS INVOLVED [HERE](#)